

World Sleep Society & the Italian Association of Sleep Medicine
Present the Best of Sleep Medicine & Research

March 11-16 **2022**
WORLD SLEEP
ROME • ITALY
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PRELIMINARY SCIENTIFIC PROGRAM

TECHNOLOGIST PROGRAM

ROOM 33-MERCOLEDÌ, 16 MARZO, 12:30 -14:00

TO4: TRAINING, EDUCATION AND SKILLS IN THE ITALIAN SLEEP LABS:
COMPARISON WITH ESST EXPERIENCE

PAOLO MATRIGIANI (ITALY)

12:30-12:32

Introduction

Paolo Matrigiani (Italy)

12:32-12:52

Becoming a Sleep Technologist in Italy: A walkthrough

Battista Di Gioia (Italy)

12:52-13:12

The role of the sleep tech in scientific research: An Italian perspective

Federica Testa (Italy)

13:12-13:32

The importance of social communication: Our role in a correct approach to the patients

Paolo Matrigiani (Italy)

13:32-13:52

Advanced qualifications for sleep technologists in the UK, Europe and beyond

Elizabeth (Lizzie) Hill (United Kingdom)

13:52-14:00

Discussion / Q&A

TECHNOLOGIST PROGRAM

ROOM 33-MERCOLEDÌ, 16 MARZO, 15:00 -16:30

T05: UPDATE AND PERSPECTIVES IN SLEEP MEDICINE: THE
EXPERIENCE OF SLEEP TECHNOLOGISTS PART 1

PAOLO MATRIGIANI (ITALY)

15:00-15:02

Introduction

Paolo Matrigiani (Italy)

15:02-15:22

REM sleep without atonia:

Technical and methodological
aspect of the visual quantification

Francesco Famà (Italy)

15:22-15:42

Development, assessment and
application of ambulatory PSG in
sleep related motor behaviors

Francesco Mignani (Italy)

15:42-16:02

Sleep Disordered Breathing:

Different breathing patterns for
different clinical condition

Annalisa Rubino (Italy)

16:02-16:22

The role of the actigraphic

monitoring in circadian rhythm and
sleep-related disorders

Matteo Spanetta (Italy)

16:22-16:30

Discussion / Q&A

TECHNOLOGIST PROGRAM

ROOM 33-MERCOLEDÌ, 16 MARZO, 16:45 -18:15

T06: UPDATE AND PERSPECTIVES IN SLEEP MEDICINE: THE
EXPERIENCE OF SLEEP TECHNOLOGISTS PART 2

PAOLO MATRIGIANI (ITALY)

16:45-16:47

Introduction

Paolo Matrigiani (Italy)

16:47-17:07

Telemedicine in the therapy of
OSA Patients: CPAP titration, and
follow-up for effective and long-
lasting therapy

Paolo Matrigiani (Italy)

17:07-17:27

In lab polysomnography vs. home
polygraphy in children: Pros and
cons

Manuela Cecili (Italy)

17:27-17:47

Role of the Sleep Technician in
the diagnosis and follow-up of
narcolepsy

Giulia Neccia (Italy)

17:47-18:07

A standardized test to document
cataplexy

Francesca Citeroni (Italy)

18:07-18:15

Discussion / Q&A